

Within WARWICK

Fall 2018 

The Heart of Bucks County Pennsylvania



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*Just a reminder, the Township will be operating under Summer hours,
Monday through Friday, 7am to 3pm, from the Tuesday after Memorial Day until Labor Day.*

IMPORTANT PHONE NUMBERS

Police Emergencies	9-1-1	Hartsville Fire Co. (non-emergency)	215-672-9242
Fire Emergencies	9-1-1	Water & Sewer Authority	215-343-358
Police Dispatch (non-emergency)	215-343-0100		or 215-491-0610
Warwick Fire Co. (non-emergency)	215-343-9971	Tax Collector – Denise Betts	215-491-0611

BOARDS AND COMMISSIONS

Board of Supervisors

Judith A. Algeo, Esq., Chair

John W. Cox, Vice Chair

Edward P. Thompson

3rd Monday 7pm

Parks and Recreation Board

Quarterly on 3rd Wednesday 7 pm

Financial Advisory Committee

Quarterly and as needed 12 pm

Zoning Hearing Board

1st Tuesday, as needed 7 pm

Planning Commission

1st Wednesday, as needed 7 pm

Tree Committee

Quarterly on 3rd Wednesday, as needed 7 pm

Water & Sewer Authority

4th Monday (3rd Monday in May) 7 pm

STAFF DIRECTORY

Kyle Seckinger, *Township Manager*

kseckinger@warwick-township.org

Becki Wilhelm, *Director of Finance and Benefits*

bwilhelm@warwick-township.org

Brandy McKeever, *Director of Planning and Zoning*

bmckeever@warwick-township.org

Ashley Casey, *Zoning Officer*

acasey@warwick-township.org

Catherine Topley, *Executive Secretary/Office Manager*

ctopley@warwick-township.org

Mark Goldberg, *Chief of Police*

warwickpolice@comcast.net

Ed Pfeiffer, *Fire Marshal*

epfeiffer@warwick-township.org

Mark Rambo, *Director of Public Works*

mrambo@warwick-township.org

Dan Sharapan, *Director of Parks, Recreation & Open Space*

dsharapan@warwick-township.org

Sarah Prebis, *Parks and Recreation Program Coordinator*

sprebis@warwick-township.org

NIGHT GLOW GOLF

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Mon-Fri; Ride 9 Holes for \$23,
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From the Board of Supervisors . . .



We frequently receive the question "How can I volunteer in my community?" While there are numerous ways to do so, there is one need that overshadows many of the others. Pennsylvania has experienced a dramatic reduction in local fire company volunteers. Sadly, no community is unaffected by lower volunteerism. In the 1970's, there were 300,000 fire company volunteers in Pennsylvania. The number of volunteers is now under 50,000. Your local firefighters are the first responders when you need help. Their duties range from house fires and vehicle accidents to alarm response and fire safety training.

Warwick Township, proudly served by the Warwick Fire Company, is no exception to these statistics. While a strong membership persists, there is a growing need for new, lively and active volunteers. Volunteers can come in all shapes and sizes. For those less adventurous, there are many positions in the fire company other than emergency responders. Volunteers with all types of backgrounds and careers, ranging from carpenters and business owners to accountants and engineers, can make meaningful contributions to the fire company. Even younger Warwick residents (14 and up) can volunteer as junior firefighters. Also, there is no minimum amount of volunteering time to join, you can give time when you have it.

Volunteering for the Warwick Fire Company can award you with not only the thrill of riding on the back of a fire engine, but also with a sense of community while working alongside your neighbors to create a safer place for all of us to live, work and play.

How can I volunteer:

- Visit the fire company on Tuesday evenings at 7pm to take a tour, ask questions or just check out the fire engines (2390 York Rd, Jamison)
- Visit the new Warwick Fire Company website @ warwickfd.com for more information

For more immediate Township news, we ask that you follow Warwick Township on Facebook, Twitter, or the Township website (www.warwick-bucks.org).

Engage with the news
in a whole **NEW** way!



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Why test smoke detectors?

Ed Pfeiffer, Fire Marshal

Smoke detectors have the following functions:

1. Their ability to sense smoke.
2. Their electronic ability to relay the sensing to the horn.
3. The ability for the horn to make noise.

Should anyone of these functions fail, the detector fails. Pushing the test button only tests item #3 (the power supply). A full test of the smoke detectors requires smoke. Artificial smoke is sold in an aerosol can for this purpose. Cooking smoke provides a great test.

If your smoke detectors are connected by wires (hardwired) or are wireless they have these functions:

1. The ability to sense smoke.
2. The electronic ability to relay the sensing to the horn within the sensing detector.
3. The ability to also send the signal to the other detectors.
4. The receiving detector's ability to receive the signal electronically.
5. And the ability of the receiving detector to make noise.

Every detector must be checked with smoke to insure all of these functions occur. If one function fails, the detector fails.

Detectors 10 years old or older have an increasing failure

rate. The older they are, the more frequently they need to be tested. Monthly testing is recommended. Assuming that all detectors are the same age, when one fails they should all be replaced.

If your detectors are not connected either hardwired or wirelessly, you may not hear the detector. For example: your garage or basement detector can't be heard from your bedroom.

If you have rooms without detectors, you won't know there is smoke or fire until the smoke can penetrate the door and reach a detector. This scenario allows the fire to go undetected and is the fundamental reason people die in a fire. A detector in every room with a door is recommended. The current Fire Code requires a detector in each bedroom, on each level, basement and garage. Wireless interconnected detectors are easy to add to any home that doesn't have interconnected smoke detectors. They are a true safety investment that can save your life.

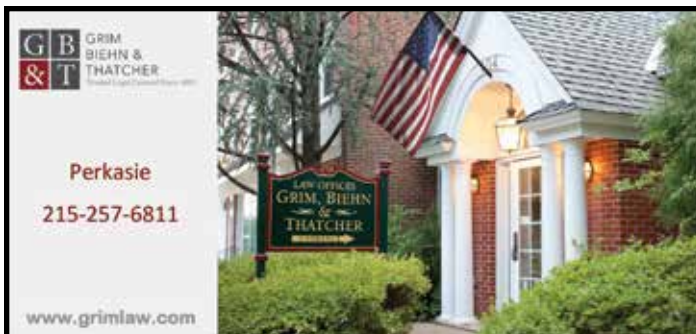
Wireless interconnected smoke detectors can be purchased with batteries that require annual changing or with 10-year batteries. Either way, "your home is not *protected* if your detectors are not *connected*".



HELLO FROM THE WARWICK TAX OFFICE

Denise Betts, Tax Collector

Central Bucks School Real Estate tax bills were mailed July 1st. If you would like to pay at discount, the due date is August 31st. The County/Township Real Estate tax bills were mailed March 1st and are now past due. They are due at the penalty amount. If you have not received a tax bill, it is important to contact Denise at the Tax Office 215-491-0611 or e-mail Warwicktaxbetts@aol.com. Please update the Tax Office of any address changes. This office collects only real estate taxes. The Earned Income Tax and LST Tax Collector is Keystone Collections. You can contact them at 1-888-328-0565 or their website www.Keystonecollects.com.



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Municipal Engineering - Wastewater Facilities Engineering -
Water System Facilities Engineering - Stormwater Management

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Help Keep Pollution Out of Storm Drains

Only rain in the drain! That's because storm drains and roadside ditches lead directly to our streams, creeks, lakes and rivers. So, any oil, pet waste, leaves, trash, or polluted water from washing your car or discharging your pool that enters a storm drain gets into our streams, creeks, lakes and rivers.

What can you do?

Simple. These tips will help prevent pollutants from entering our streams, creeks, lakes and rivers:

- Use a broom instead of a hose to clean off your sidewalks and driveway.
- Sweep fertilizer off driveways and sidewalks, back onto your lawn.
- Keep leaves, grass clippings, trash, and fertilizers out of storm drains.
- Do not dump motor oil, chemicals, pet waste, dirty or soapy water, or anything else down the storm drain.



Pool/Hot Tub/Spa Maintenance

- Servicing of a pool, hot tub, or spa often involves discharging all or a portion of the water or backwash water from filters, both of which may contain residual chlorine at levels that could be damaging to the environment. Pool, hot tub, and spa water shall not be directly or indirectly discharged to waters of the commonwealth, including storm sewers.
- Pool, hot tub and spa water may be discharged under the Pennsylvania Department of Environmental Protection guidelines which can be found at www.dep.pa.gov or can be provided by the Township.



Keep our water clean!

To report an illicit discharge to a storm water collection system, to a storm drain or to a stream, creek, lake or river, please call the Township office at 215-343-6100.

CREMATION SHOULD NOT BE OUTSOURCED



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Tree Trimming in the Right-of-Way

Public Works Department



It is the responsibility of the homeowner to trim their trees when branches hang in the right-of-way. Please trim any branches and vegetation that may have overgrown and which may impair the use or maintenance of a public road, trail, sidewalk or street. Many residents have reported difficulty walking along sidewalks in the township because of low hanging branches. Passing cars and trucks should not be struck by tree limbs. Our snow removal teams and maintenance crews with their oversized equipment need a minimum of 14-foot clearance. The Public Works Department is actively clearing overgrown vegetation from the right-of-way, signage and sight triangles.

Please don't wait for a violation notice before accessing your property for possible issues!

Meet the new Director of Finance and Benefits **Becki Wilhelm**

Becki Wilhelm has been the Director of Finance and Benefits for Warwick Township since February of 2018. Before coming to the Township, Becki spent the past seven years working in the finance department of Quakertown Borough. During her tenure, she was able to earn a Bachelor of Science in Business Administration Degree with Majors in Management and Human Resources cum laude at Penn State University. Prior to Penn State, she received an Associate's Degree in Accounting from Bucks County Community College. Becki is currently attending Penn State to complete a Graduate Degree in Public Administration. She has been a member of Government Finance Officers Association since 2012 and attends training to ensure all financial activities are in conformance with generally accepted accounting principles.

Becki is a lifetime resident of Bucks and Montgomery Counties where she attended Upper Dublin High School and graduated from Quakertown Community School District. Becki was a firefighter at West End Fire Company for over twenty years and is currently an exempt member. She has held the position of Treasurer of the Fire Company since 1995 along with the Firefighter's Relief Association from 2006-2016. She also volunteers at many community events including Quakertown Borough's Community Day and Concerts in the Park.

Becki resides in the Quakertown area with her husband and two daughters. Her eldest daughter is in a Fire Protection Engineering Program at an out-of-state University. Her younger daughter is on the high school cheer squad where Becki is an active member of the parent's booster club and volunteers at fund raising events. When she isn't working, she enjoys spending time with her family and friends. She loves her career in public-sector finance and looks forward to managing all accounting and human resource functions at Warwick Township.



Becki Wilhelm

FALL PROGRAMS

FALL PROGRAM REGISTRATION INFORMATION

Registration for FALL programs begins on Wednesday, September 5. The best and easiest way to register is to go to the website for the Parks and Recreation Department (www.warwickrec.com). You must create an account before you can register for a program. You can also register in person at the Township Administration building during normal business hours, 8am-4pm, Monday through Thursday and 7am-3pm on Fridays.

All children must be the age or going into the grade specified before the start of the program, NO EXCEPTIONS! There is no PRO-RATING for any of our camps or programs. Refunds must be requested at least 2 weeks prior to the start of the camp.

PRESCHOOL

"Let's Get Messy" Playtime

Do your kids love making a mess, but you're not a big fan of cleaning up? This is the perfect class for you and your child. You will work together to make "Messy Masterpieces" and not have to clean up a thing! Come join Miss Sarah for some creative chaos such as all the different paints you can imagine, shaving cream, dirt, sand, water, chalk, play dough and plenty more! You and your child are bound to have a lot of creative fun! Please wear or bring a smock.



WHEN: Thursdays, Sept 20 – Nov 1 (no class Oct 25)

TIME: Session 1: 10am – 10:45am
Session 2: 11am – 11:45am

WHERE: Community Room

AGES: 2-5 years old and a parent

COST: \$50 resident | \$60 non-resident

INSTRUCTOR: Sarah Prebis

• minimum 6, maximum 12



Toddler Treats: Easy Eats

Teach your preschooler how to help in the kitchen by letting Warwick do everything for you! Join our new class that combines cooking with crafts and activities. Each week, we will choose a food group, make a craft, do an activity and create a yummy treat from that group. We will also learn how to set the table and kitchen etiquette. All supplies are included in the price.

WHEN: Thursdays, Nov 29 – Dec 20

TIME: 10am – 10:45am

WHERE: Community Room

AGES: 2 – 5 and a parent

COST: \$45 resident
\$54 non-resident

• minimum 6, maximum 12

Children Making Music

Children Making Music is a fun, interactive music program for children ages 6 months to 4 years of age. There is lots of singing, moving to music, playing rhythm instruments, and having fun with music. The lesson also includes American Sign Language to help foster a deeper communication between child and parent. Music + children = an awesome combination.



WHEN: Session 1: Tuesdays, Sept 18 – Nov 6

Session 2: Thursdays, Sept 20 – Nov 8

TIME: Session 1: 11:15am – 12pm

Session 2: 6:15pm – 7pm

WHERE: Community Room #2

AGES: 6 months - 4 years old and a parent

COST: \$112 resident | \$135 non-resident

• minimum 8, maximum 13

T-Birds T-Ball Program

A fun and highly-instructional introduction to baseball for children 3 – 5 years old. Players learn the basics of throwing, catching, fielding, batting and base running. They then apply what they have learned to fun, non-competitive games. Sessions consist of both instruction and game play. Please bring a glove. Price includes MLB Style T-Shirt, Cap, and Award!

WHEN: Wednesdays, Sept 12– Oct 17

TIME: 5:30pm – 6:30pm OR 6:30pm – 7:30pm
(children play a rotating schedule of games)

WHERE: Hidden Pond Baseball Field

AGE: 3 - 5 years old

COST: \$90 resident
\$108 non-resident

INSTRUCTOR: Jump Start Sports Group

• minimum 8, maximum 24



FALL PROGRAM

JR. Soccer Program

It's never too early to develop a child's love for athletics. Our Junior Soccer Starters program is the perfect introduction to sport, promoting fine and gross motor skills development and a strong foundation through physical fitness in your child's most crucial years of development. Children develop the ability to follow directions and face the challenges of early problem solving. Be there with your child to celebrate and discover the joy and excitement of the early successes and milestone achievements.



WHEN: Fridays, Sept 21 – Oct 26
TIME: 5pm – 5:40pm
WHERE: Community Park, Field 1
AGES: 2 - 3 years old
COST: \$99 resident | \$120 non-resident
INSTRUCTOR: Total Soccer
 • minimum 6, maximum 50

Soccer Stars 1

It's never too early to develop a child's love of soccer and athletics. Our Soccer Starters program is the perfect introduction to soccer basics, promoting physical fitness, creating a positive attitude, developing coordination, and sportsmanship. Instructor ratios are kept small to ensure each child gets the much needed individual attention. We know the importance of first getting kids interested and motivated before they are able to absorb the necessary lessons. Thematic games and fun exercises are designed to inspire and challenge young players, but also allow them to meet with successes that keep them interested in learning more. Learning the fundamentals, and developing a love for the game starts here. Kids that start with us have a real advantage as they mature. We believe it is our duty and privilege to get your kids started off right and develop a passion for the game that will last a lifetime.

WHEN: Fridays, Sept 21 – Oct 26
TIME: 5pm – 6pm
WHERE: Community Park, Field 1
AGES: 3 - 4 years old
COST: \$99 resident | \$120 non-resident
INSTRUCTOR: Total Soccer
 • minimum 6, maximum 50

at different speeds depending on whether it's flying up or flying down? By the end, the children will build and program a robot based on what they learned and their imaginations.

WHEN: Wednesdays, Nov 7 – Dec 12
TIME: 4:30pm – 5:30pm
WHERE: Community Room
AGE: grades 2 - 4
COST: \$110 for resident | \$135 for non-resident
INSTRUCTOR: Computer Explorers Instructor
 • minimum 6, maximum 12

Soccer Stars 2

This program is a year round instructional-based league that teaches children advanced skills that are developmentally appropriate, and can be introduced and utilized in Mini Soccer. Through instructional game play, participants will refine body awareness and movement, reinforce social and listening skills, and build on the concept of team play and cooperation. Each one hour session consists of a 10 minute warm up game, one move of the day or skill from the Total Soccer Skill Builders Curriculum, a Mini Soccer Game (3v3/4v4) with instruction, and a 5 minute cool down and review of the days moves and game play. Players will have an opportunity to learn from the game while receiving instruction from one of our highly qualified staff members.



WHEN: Fridays, Sept 21 – Oct 26
TIME: 6pm – 7pm
WHERE: Community Park, Field 1
AGES: 5 – 6 years old
COST: \$99 resident | \$120 non-resident
INSTRUCTOR: Total Soccer
 • minimum 6, maximum 50

Volley-Tech Junior Skills

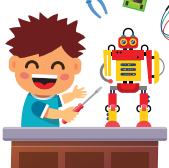
Beginning & developmental volleyball for our youngest players. Learn skills & concepts: pass, dig, set, serve & hit. Also play some fun mini games using your new skills. Using age appropriate Volley-Lite balls

WHEN: **Session 1:** Wed, Sept 26 – Oct 24
Session 2: Wed, Nov 7 – Dec 5
TIME: 6pm – 8pm
WHERE: Bridge Valley Elementary School Gym
AGES: grades 4th – 7th
COST: \$80 resident
 \$95 non resident
INSTRUCTOR: Margie Arm and Kelsi Halliwell
 • minimum 8, maximum 16



SCHOOL AGED PROGRAMS

NEW

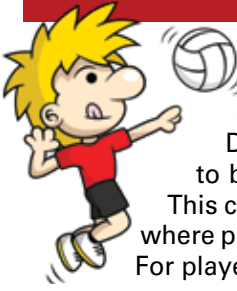


Building and Programming Robots

The children will have fun and success as they build and program robots to follow their instructions including using motors and sensors. Will an alligator snap its mouth shut when it senses something in front of its mouth? Will a soccer goalie be able to move randomly in front of the goal and stop shots? Will a plane's propeller move

FALL PROGRAMS

SCHOOL AGED PROGRAMS



Volley-Tech Middle School

Improve your volleyball skills: passing, digging, serving, setting & hitting. Develop all your skills and be challenged to build upon what you may already know. This course includes plenty of game situations where players are using their skills and concepts. For players with some experience!

WHEN: Session 1: Mondays, Sept 17– Oct 22

Session 2: Mon, Oct 29 – Dec 3

TIME: 6pm – 8pm

WHERE: Bridge Valley Elementary School Gym

AGES: Grades 6th – 9th

COST: \$92 resident
\$110 non resident

INSTRUCTOR: Margie Arm

• minimum 8, maximum 16

American Red Cross Babysitting Clinic

Do you want to make money by playing?? Parents are in search of trained child-care providers who are Red Cross Certified! Our Red Cross Babysitters Class give you access to the best in-class instructors who will share the latest information on child care, offer tips, and can answer all of your questions so that you're ready to start your own babysitting business. With lecture and class activities, these courses are engaging, informative and fun! Please bring pen/pencil and your lunch!

Lessons and Topics covered in the Red Cross

Babysitters Training:

- ~ **Basic Care** for infants and children (feeding, Diapering, toileting, dressing)
- ~ **Basic First Aid** (conscious choking, bleeding, emergencies, calling 911)
- ~ **Child Behavior** (discipline, role modeling, ages and stages for children)
- ~ **Age Appropriate** Activities (games for each age, capabilities of each age)
- ~ **Emergency Protocols** (FIND decision making, Check/Call/Care for emergencies)
- ~ **Professionalism** (creating resumes, interviewing, following up)
- ~ **Leadership** (role model, communicating with children, being a great example)
- ~ **Growing Your Business** (where to find jobs, how to market)

WHEN: Wednesday, Sept 19 (CB schools closed)

TIME: 9am – 3pm

WHERE: Community Room

AGES: 11 – 15 years old

COST: \$65 resident
\$78 non-resident

INSTRUCTOR: Sarah Prebis
Certified Red Cross CPR,
1st Aid, AED and
Babysitting Instructor

• minimum 6, maximum 15



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FALL PROGRAMS

SHOTOKAN KARATE PROGRAM

Ages 4 and up

Are you or your child interested in karate, but you don't want to pay high monthly fees or sign a contract. This is the program for you! Our classes have been developed in such a way as to increase your child's strength, flexibility, agility, balance, endurance, and coordination. Each class will show a marked difference in their self-image and self-confidence levels. They will learn all of this and self defense too! The Warwick Shotokan Karate Club is part of the American Japanese Karate Association – International (AJKA). We teach traditional Japanese Shotokan Karate. The price includes 8 weeks of classes, 2 times a week (unless otherwise noted due to holidays!) **NO CONTRACTS AND NO HIDDEN FEES!**

DATES: FALL SESSION 1: This program runs Wed, Sept 5 – Wed, Oct 31
FALL SESSION 2: This program runs Saturday, Nov 3 – Saturday, Dec 22
*All classes held in the Community Room at the Warwick Township Building

COST: \$160 resident / \$192 non-resident **NEW STUDENTS:** \$40 res / \$48 non & Uniform
(2nd session - \$80/\$96, 3rd session regular price)

***NOTES:** *There will be Karate Tournaments during these sessions. Classes will be held unless otherwise advised.
*All payments are due prior to the start of the session through the first week.
A \$20.00 fee may be imposed on any late payment after the first week of the session.

Beginner Ages 4 – 8: Mondays 6:15pm – 7pm AND Saturday, 9am – 9:45am

Beginner over 8 years old: Mondays 7pm – 7:45pm AND Saturday 9:45am – 10:30am

Adult Beginners: Wednesdays, 6:30pm – 7:15pm AND Saturdays 10:30am – 11:15am

Yellow, Orange, Green Belts: Wednesdays, 6:30pm – 7:30pm AND
Saturdays 10:30am – 11:30am

Blue, Purple, Brown & Black Belts: Wednesdays 7:30pm – 8:30pm AND Saturdays,
11:30am – 12:30pm

For more information on the karate program please go to
www.warwickshotokan.com or email Sensei Spivack at warwickshotokan@comcast.net



SPECIAL ONE DAY FAMILY ACTIVITIES

NEW



Chemistry Explorers

Put your goggles on and let's get messy! We'll make batches of outrageous ooze and slime and perform unusual experiments with gases, food, and water. Stretchy polymers, acid-based reactions, and other experiments will be performed using safe household chemicals. This class is packed with fun activities. Goggles are provided. Ms. Crum is a PA

licensed biology/chemistry teacher.

WHEN: Saturday, Oct 6

TIME: 3pm – 4:30pm

WHERE: Community Room

AGES: 4 - 8 years old (4 – 6 years old must be accompanied by an adult.)

COST: \$25 resident
\$30 non-resident

INSTRUCTOR: Mary Crum

• minimum 10, maximum 18

Ocean Explorers **NEW**

Have fun investigating life forms in the many depths of the ocean. Dissect a fish (optional,) use a microscope to find tiny sea creatures, make a fossil, create a special piece of art, learn about properties of sea water, and more! Bring a friend and double your fun. Ms. Crum is a PA licensed biology/chemistry teacher.

WHEN: Saturday, Dec 15

TIME: 3pm – 4:30pm

WHERE: Community Room

AGES: 4 - 8 years old (4 - 6 years old must be accompanied by an adult)

COST: \$25 resident
\$30 non-resident

INSTRUCTOR: Mary Crum
• minimum 10, maximum 18



FALL PROGRAMS

ADULT PROGRAMS



Warwick Township Zumba

Ditch the workout and join the party! Zumba is a Latin inspired easy-to-follow, calorie burning, dance fitness party. It will energize you, sculpt you, and make you smile. This party is designed for all ages, shapes, sizes and fitness levels. The best part is: NO DANCE EXPERIENCE NECESSARY! Just have fun. The cost includes 8 weeks.

MONDAY & FRIDAY DAY ZUMBA

WHEN: Mondays 1: Mon, Sept 10 – Oct 29
Mondays 2: Mon, Nov 5 – Dec 17 (7 weeks)

FRIDAYS 1: Fri, Sept 7 – Oct 26
FRIDAYS 2: Fri, Nov 2 – Dec 21 (7 weeks- no class 11/23)

TIME: 9am – 9:55am

WHERE: Community Room

AGES: 18 years and older

COST: \$64 resident (7 weeks = \$56)
\$76 non-resident (7 weeks = \$67)

INSTRUCTOR: Kimberly Seidel

*minimum 5, maximum 15

TUESDAY NIGHT ZUMBA

WHEN: Session 1: Tues, Sept 4 – Oct 23
Session 2: Tues, Nov 2 – Dec 18

TIME: 7pm – 7:55pm

WHERE: Community Room

AGES: 18 years and older

COST: \$64 residents (6 weeks = \$48)
\$76 non-residents (6 weeks = \$58)

INSTRUCTOR: Kimberly Seidel

*minimum 5, maximum 15



Zen 10 – 21 Day Fat Furnace

The Zen Fitness Challenge is unlike any other fitness class. You'll work on fitness, nutrition and motivation. This special 3 week session is designed to get people fast results, in a really healthy and positive way. The goal is that these 3 weeks propel you to a new, healthy lifestyle.

* township rate is valid for one session per 12 month period! New clients ONLY!

WHEN: Mon – Friday, Sept 10 – Sept 29

TIMES: 5am, 6am 7am, OR 9:30am

WHERE: Action Karate, 2235A York Rd, Jamison

AGES: Teen – Adult

COST: \$79 resident
\$97 non resident

INSTRUCTOR: Zen Fitness

Competitive Co-Ed Open Volleyball

This program is an opportunity for skilled players, levels B+ to A, to play in competitive games. Minimum enrollment must provide for two four person teams. You must pre-register, no registrations will be taken at the school. SKILLED PLAYERS ONLY, PLEASE!

WHEN: Thursdays, Sept 13 – Dec 20 (no class 11/22)

TIME: 6pm - 8pm

WHERE: Bridge Valley Elementary School

AGES: 18 and up

COST: \$56 resident (session is 14 weeks)
\$68 non-resident (session is 14 weeks)

INSTRUCTOR: Gary Nice

• minimum 8, maximum 20

Men's Open Basketball

Grab your buddies and come play in some friendly pick-up games of basketball at Bridge Valley Elementary School. You must pre-register at the Township Building, no registrations will be taken at the school. Both Sessions are 17 weeks long!!!

WHEN: Session 1: Mondays, Sept 17 – Jan 28 (no class 12/24, 12/31, 1/21.)

Session 2: Wednesdays, Sept 12 – Jan 30 (no class 9/19, 10/31, 11/21, 12/26.)

TIME: 8pm – 10pm

WHERE: Bridge Valley Elementary School

AGES: 18 and up

COST: \$68 resident | \$80 non-resident

(session is 17 weeks long!)

*minimum 10, maximum 20



FALL PROGRAMS

The CORNERSTONE Clubs

Take cornerstone classes without having to join! *Maximum 5 participants, so register NOW!

WHEN: All these run 8 weeks: Sept 24 – Nov 16.

WHERE: Cornerstone Warrington: 865 Easton Rd, Warrington, PA 18976

COST: \$69 for resident (unless otherwise noted.) \$83 for non resident

ADULT CLASSES

Introduction to Meditation **NEW**

In this 4 week workshop, find out what meditation really is, what the benefits are, and how the different styles vary. Different styles will be discussed each week with an opportunity to practice at home. You will also learn how to set yourself up for successful meditation practice with tips for stretching, breathing, etc. This class is appropriate for anyone wanting to learn how to improve their quality of life.

WHEN: Wednesdays starting Sept 26

TIME: 7:45pm – 8:45pm

COST: \$60 resident / \$72 non resident

Yoga Gently

A softer, gentler approach to a yoga practice. Appropriate for all levels, including beginners and seniors who can get up and down from the floor without assistance.

WHEN: Tuesdays starting Sept 26

TIME: 9:30am – 10:30am

Virtual Cycling

Led by an on-screen, virtual coach, this indoor cycling class allows you to enjoy the scenery while improving your cardio fitness level. Class lengths vary from 45 – 60 minutes.

WHEN: Fridays, starting Sept 28

TIME: 5:30pm – 6:30pm



Pilates Mat

Pilates is a total body workout that stretches and strengthens core musculature as well as the back, hips, thighs and gluteal muscles. Small apparatus, such as rings and balls may also be utilized. For all fitness levels!

WHEN: Sundays starting Sept 30

TIME: 8:30am – 9:30am

Chair Fit

Chair fit is a low impact cardio and strength class in which participants use a chair for balance and assistance. This class provides just enough support and simplicity to be the perfect exercise prescription for seniors, or those who may be returning to exercise after an injury, or adults looking for a change from a more sedentary lifestyle. For all fitness levels.

WHEN: Fridays starting Sept 29

TIME: 11am – 12pm

Ai Chi – in the water **NEW**

Let the warmth of our healing pool relax and unwind in this meditative Tai Chi class adapted specifically for the water!

WHEN: Mondays, starting Sept 24

TIME: 12:30pm – 1:30pm

Deep Water Aerobics **NEW**

An aerobic exercise class that allows you to work hard but is still gentle on the joints. Perfect for people with arthritis who want to exercise but have joint pain. Held in the deep end of the pool, participants wear flotation belts for support. No swimming ability necessary. All levels welcome!

WHEN: Thursdays starting Sept 27

TIME: 7pm – 7:45pm

Radio City Christmas Spectacular Day Trip ~ Warwick/Doylestown Bus

There's nothing like Radio City at Christmastime, especially when you are watching the Rockettes. You will enjoy unforgettable thrills this year including, "Parade of the Wooden Soldiers" and the majestic, "Living Nativity. This trip includes deluxe motor coach transportation and tickets for the show (Center Orchestra level.) Lunch and free time are on your own. Show time is 2pm! Please book quickly, the tickets go fast! Seating is assigned, please notify us of your group when registering or email Sarah at: sprebis@warwick-township.org

WHEN: Monday, Nov 19

WHERE: Warwick Township Building

TIME: Meet at 7am SHARP – bus leaves at 7:15am and heads to 2nd pick-up at Doylestown (8 pm approx. return home)

COST: \$130 per person

*minimum 35, maximum 52



Healthy Steps for Older Adults

Healthy Steps for Older Adults was developed by the Fall Prevention Initiative of the Pennsylvania Department of Aging, and is an evidence based falls prevention program for adults ages 50 and over. The program is designed to raise participants knowledge and awareness, introduce steps they can take to reduce falls and improve their health and well-being, and provide referrals and resources. Healthy Steps for Older Adults is a unique, comprehensive, community-based falls prevention program.

Registration is required for this program and no walk-ins will be taken. This program is being offered by the Bucks County Area Agency on Aging (BCAAA) and you can register by going to www.buckscountyhsoa.eventbrite.com or by calling the BCAAA main number at 267-880-5700 and ask to register for Healthy Steps.

WHEN: Wednesdays, Sept 26 AND Oct 3
TIME: 9:30am-11:30am
WHERE: Warwick Township Building Community Room
AGES: Adults 50+
COST: FREE
INSTRUCTORS: Certified PA Department of Aging Leaders



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 **THE BUCKS PUB**



Calling All Book Lovers

We are still welcoming interested members in the newly established Warwick Book Club, A Novel Bunch.

Our meetings are held at 1 p.m. on the second Wednesday of each month at the Warwick Township building. We generally plan on spending 2 hours discussing the book of the month and socializing. Our most recent selections are Eleanor Oliphant Is Completely Fine by Gail Honeyman (July), and The Glass House by Louise Penny (August). The next meeting will be held on Wednesday, September 12, 2018. We will be discussing the latest Fredrik Backman novel, Us Against You.

If you are interested in sharing a delightful afternoon with others who love reading and socializing as much as you, please contact Elaine Fitt at ebfitt@verizon.net, or 215 913 4379 for additional details. We would love to have you join us and we look forward to hearing from you.

HALLOWEEN HAPPENING

Come dressed up as anything you choose, just come dressed up and you will get lots of goodies! Join your neighbors at this year's Halloween Happening. The event offers tricks and treats for all ages including pumpkin painting, haunting arts & crafts, creepy coloring contest, and lots of candy from our sponsors. Bring your family and enjoy this free fun event!

FREE

Thursday, October 25 • 5:30 pm - 7:30 pm
Warwick Township Community Park

Event Sponsored by TD Bank

Fun For All Ages!



thank you!

We extend a special thanks to the business and professional members of our community whose support through advertising has made publication of this newsletter possible at no cost to taxpayers. Please support the local businesses that support the Township.

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Lewy Body Walk for Awareness

Warwick Township Parks and Recreation presents the fifth annual walk to support Lewy Body Dementia

WHAT ARE WE WALKING FOR?

Lewy Body Dementia is a progressive brain disease and the second most common cause of neurodegenerative dementia after Alzheimer's disease. Lewy Body Dementia is a 'spectrum disorder,' meaning it can occur alone or in combination with Parkinson's disease, or co-exist with Alzheimer's disease.

With your help, we can build awareness about this disease and help so many! If you have any questions regarding our 2018 Walk, please feel free to email us at: tina.christie@comcast.net.

This is a family friendly/dog friendly walk! Walkers of all ages will enjoy the festivities of the day! Walk is approximate a 5k but feel free to walk as little or as much as you like.

First 200 registrants get a goodie bag and t-shirt. Walk up registrants are NOT GUARANTEED a shirt.

Register on-line at www.warwickrec.com.

Don't feel like walking but still want to make a donation, donations can be made by going to

www.firstgiving.com and search for the "5th Annual Lewy Body Dementia Awareness Walk".

WHEN: Sunday, September 23
TIME: 10am start (registration starts at 9am)
WHERE: Warwick Township Community Park
AGES: ALL AGES
COST: \$25 per person pre-registration (children 12 and under are FREE) \$30 day of registration

EVENT SPONSORED BY

Giordano & Associates CPAs / The Bridges at Warwick/ Legal-Ease Enterprises, Inc./Home Instead Senior Care/ Pine Run Retirement Community

Sponsorship opportunities available. If you have any questions regarding sponsoring our 2018 Walk, please feel free to email us at: tina.christie@comcast.net



The advertisement for Central Bucks Emergency Medical Services features a white ambulance with green and red stripes on the left. In the center, the text "CENTRAL BUCKS" is in large, bold, white letters with a black outline, and "Emergency Medical Services" is in smaller, bold, white letters below it. To the right is a circular logo with a green border, containing a white map of Bucks County and the text "CENTRAL BUCKS" and "EMERGENCY MEDICAL SERVICES". Below the central text, it says "OFFICE: 215.348.8380" and "EMERGENCIES CALL 911".

In June of 2017, Central Bucks Emergency Medical Services officially started providing emergency medical services to the township of Warwick, Warminster and borough of Ivyland. We immediately established a subscription drive and, due to the timing, it is running annually from June 1st till the following May 31st.

Annual subscription drive participation can assist you with ambulance bills after using 911. To learn more about the annual subscription drive, please visit our website. As a subscriber, if you call 911 in our area and your ambulance bill is only covered partially by your insurance, then you will not be responsible for the balance. One thing we do ask of subscribers from time to time is if your carrier under pays the bill that you contact them and have them reprocess it as an emergency so that a more realistic payment can be received. If you have a high deductible or no insurance coverage at all then your balance will be reduced by 50%. If you do not have a subscription you can call us or print a form from our website. The subscription is mailed out annually in October followed by a reminder in January.

We are only able to provide such services through continued community support. We strive to serve you in ways beyond responding to emergency 911 calls and appreciate your continued support and donations.

For more information about Central Bucks EMS and how to get involved or support us please visit our website www.cbems.org. We can also be found on Facebook and Twitter where we keep our communities up-to-date with the latest news that impacts our communities.

Pack the Police Car

Join the Warwick Township Parks and Recreation Department and the Warwick Township Police Department to "Pack the Police Car". Come meet our officers as the Warwick Township Police look to fill the back seat of a cruiser that will be sitting near the entrance of the Giant Supermarket. Bring items with you to donate or shop for non-perishable items and donate upon exiting the store. The food will be taken to the Food Larder at New Britain Baptist Church to be distributed to people in need throughout Bucks County.

WHEN: Saturday, November 17

TIME: 10 am - 2 pm

WHERE: Giant Supermarket (2395 York Road, Jamison, PA 18929)

AGES: All Ages

Suggested donations: Coffee and tea, jelly, laundry detergent, toothpaste and toothbrushes, toilet paper, sugar (2 pound box) and flour, ketchup, mayonnaise, mustard, canned fruits, canned juices, juice boxes, pancake mix & syrup, rice, household cleaning supplies, personal care items (deodorant, shampoo, shaving cream, razor, etc), spaghetti sauce, cake mix and icing, canned beans and canned tomatoes, canned meats and canned soups

This is a wonderful opportunity to give back to those in our own community who are struggling financially during the holiday season!



HO HO HOLIDAY PARTY

Gather with your neighbors and join Santa for hot chocolate and cookies. You can warm up by our fire, sit on Santa's lap for a photo, listen to music by the Jamison Elementary School Choir or make your own craft and Holiday card.

Enjoy a performance by the Galena Brass Band. Also back by popular demand are the Belgian horses and their carriage. Take a ride through our park.

WHEN: Saturday, December 1

TIME: 11 am—1 pm

WHERE: Warwick Township Community Park
1733 Township Greene, Jamison, PA 18929

AGES: All Ages

Event Sponsored by TD Bank



PLAYGROUND SAFETY

A quick checklist for parents

Place this list in a prominent area of your home for quick reference. Then, before your children head out the door for the playground, check that:

☐ **Supervision is present, but strings and ropes aren't.**

Adult presence is needed to watch for potential hazards, observe, intercede and facilitate play when necessary. Strings on clothing or ropes used for play can cause accidental strangulation if caught on equipment.

☐ **All children play on age-appropriate equipment.**

Preschoolers, ages 2-5, and children ages 5-12, are developmentally different and need different equipment located in separate areas to keep the playground safe and fun for all.

☐ **Falls to surface are cushioned.**

Nearly 70 percent of all playground injuries are related to falls to the surface. Acceptable surfaces include hardwood fiber/mulch, pea gravel, sand and synthetic materials such as poured-in-place, rubber mats or tiles. Playgrounds surfaces should not be concrete, asphalt, grass, blacktop, packed dirt or rocks.

☐ **Equipment is safe.**

Check to make sure the equipment is anchored safely in the ground, all equipment pieces are in good working order, S-hooks are entirely closed, bolts are not protruding, there are no exposed footings, etc.



Checklist is from the National Program for Playground Safety (NPPS) at www.uni.edu/playground/



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